



CHAVES  
TERMAS&SPA



WELLNESS TREATMENTS  
THERMAL SEASON 2023

# THERMAL WELLNESS PROGRAMS

DURATION      LOW SEASON      HIGH SEASON

## AQUAE VITALITY

THERMAL POOL IMMERSION + JET SHOWER + PARTIAL MASSAGE      1 DAY      36.00€      43.00€

## AQUAE ENERGY

SAUNA OR TURKISH BATH + HYDROPRESSOTHERAPY + MASSAGE SHOWER      1 DAY      55.50€      67.00€

## AQUAE SPORTIVE

THERMAL POOL IMMERSION + JET SHOWER + PARTIAL SPORTS MASSAGE      1 DAY      58.00€      70.00€

## AQUAE RELAX

STEAM CHAMBER + BATH IMMERSION WITH HYDROMASSAGE + GENERAL MASSAGE      1 DAY      60.50€      73.00€

## AQUAE DUO - 2 PERSON PROGRAM

SAUNA OR TURKISH BATH + BATH IMMERSION WITH HYDROMASSAGE + GENERAL MASSAGE      1 DAY      95.00€      114.00€

## AQUAE PURIFY

DAY 1- STEAM CHAMBER + BODY MOISTURIZING  
DAY 2- THERMAL POOL IMMERSION + MASSAGE SHOWER      2 DAYS      78.00€      94.00€

## AQUAE BALANCE

DAY 1- STEAM CHAMBER + GENERAL MASSAGE  
DAY 2- SAUNA OR TURKISH BATH + BATH IMMERSION WITH HYDROMASSAGE + MASSAGE SHOWER      2 DAYS      98.00€      118.00€

## AQUAE DETOX

DAY 1- STEAM CHAMBER + GENERAL MASSAGE  
DAY 2- SAUNA OR TURKISH BATH + BATH IMMERSION WITH HYDROMASSAGE + MASSAGE SHOWER  
DAY 3- THERMAL POOL IMMERSION + BODY MOISTURIZING      3 DAYS      125.00€      150.00€

# THERMAL WELLNESS PROGRAMS

DURATION      LOW SEASON      HIGH SEASON

## AQUAE REAFFIRM

DAY 1- HYDROPRESSOTHERAPY + JET SHOWER + REAFFIRMING MASSAGE

DAY 2- STEAM CHAMBER + JET SHOWER + BODY MOISTURIZING

DAY 3- BATH IMMERSION WITH HYDROMASSAGE + JET SHOWER + LYMPHATIC DRAINAGE MASSAGE

3 DAYS      172.00€      206.00€

## WELLNESS SPA TREATMENTS

DURATION (MINUTES)      LOW SEASON      HIGH SEASON

THERMAL POOL IMMERSION	30	10.00€	12.00€
KIDS THERMAL POOL IMMERSION (FROM 8 TO 14 YEARS OLD)	30	7.50€	9.00€
KIDS THERMAL POOL IMMERSION (FROM 4 TO 10 YEARS OLD)	30	5.00€	6.00€
BATH IMMERSION WITH HYDROMASSAGE	15	15.00€	18.00€
MASSAGE SHOWER	15	25.00€	30.00€
JET SHOWER	5	10.00€	12.00€
SAUNA OR TURKISH BATH	15	15.00€	18.00€
STEAM CHAMBER	15	17.50€	21.00€
HYDROPRESSOTHERAPY	15	17.50€	21.00€
FACIAL OR PARTIAL MASSAGE	15	18.00€	22.00€
GENERAL MASSAGE	30	30.00€	36.00€
GENERAL MASSAGE PLUS	45	45.00€	54.00€
KIDS THERMAL MASSAGE (DOS 8 AOS 14 ANOS)	20	15.00€	18.00€
GEOTHERMAL MASSAGE	45	50.00€	60.00€
SPORTS MASSAGE	30	40.00€	48.00€
LYMPHATIC DRAINAGE MASSAGE	30	35.00€	42.00€
REAFFIRMING MASSAGE	30	35.00€	42.00€
BODY MOISTURIZING	30	30.00€	36.00€

VAT INCLUDED

HIGH SEASON: JUNE 15TH TO SEPTEMBER 15TH - LOW SEASON: REMAINING PERIOD

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CALL TO THE NATIONAL FIXED NETWORK

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WATER  
THAT  
HEALS  
WELL-BEING  
FOR BODY  
AND MIND

PROGRAMS AND TREATMENTS CAN BE PURCHASED AT OUR FACILITIES OR ONLINE AT  
[WWW.LOJA.TERMASDECHAVES.COM](http://WWW.LOJA.TERMASDECHAVES.COM).

THE VOUCHER IS VALID FOR 6 MONTHS AND THE TREATMENTS PURCHASED IN LOW SEASON  
MUST BE USED IN LOW SEASON. THE VALIDITY PERIOD OF VOUCHERS PURCHASED IN THE LOW  
SEASON IS SUSPENDED IN THE HIGH SEASON.

TERMAS DE CHAVES PROVIDES TOWEL AND BATHROBE, SO PLEASE BRING YOUR BATHING SUIT,  
CAP AND SLIPPERS.